<b>CURRICULUM VIT</b>	`AE

Jamie Lachman, DPhil

Wolfson College

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#### POSITION TITLE

Research Associate - Department of Social Policy and

Intervention, University of Oxford

Junior Research Fellow – Wolfson College

Steering Committee Member – Parenting for Lifelong

Health

Executive Director and Founder - Clowns Without

Borders South Africa

## EDUCATION/TRAINING

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INSTITUTION AND LOCATION	DEGREE	YEAR(s)	FIELD OF STUDY
University of Oxford, Oxford, UK	DPhil	2016	Social Intervention
University of Oxford, Oxford, UK	MSc (distinction)	2011	Evidence Based Social Intervention
MBCT Teacher Development Course, KwaZulu- Natal, South Africa	Certificate	2007	MBCT Facilitation
Dell'Arte International School for Physical Theatre, Blue Lake, CA	Certificate	2001	Applied Theatre
Yale University, New Haven, CT	B.A. (distinction)	1998	American Studies

#### A. Personal Statement

I have over 15 years' experience developing, implementing, and evaluating social interventions for children and their caregivers in areas of crisis throughout sub-Saharan Africa.

My research is focused on building the evidence of effectiveness for programmes that improve child and family wellbeing and mental health outcomes in low- and middle-income countries.

I am on the steering committee of the World Health Organisation and UNICEF-led initiative called Parenting for Lifelong Health (PLH). This initiative is focused on developing, testing and disseminating parenting programmes in low- and middle-income countries (http://www.who.int/violence\_injury\_prevention/violence/child/plh/en/).

I am currently a co-principal investigator or co-investigator working at the Centre for Evidence-Based Intervention at the Department of Social Policy and Intervention at the University of Oxford on four studies: 1) Parenting for Lifelong Health – Philippines, an adaptation, feasibility pilot, and randomised controlled trial of the PLH prototype parenting programme for children ages 2 to 6 years (Co-PI); 2) Parenting for Lifelong Health – Thailand, an adaptation, feasibility pilot, and randomised controlled trial of the PLH prototype parenting programme for children ages 2 to 9 years (Co-PI); 3) Malezi ne Kilimo – Skilful Parenting and Agribusiness Child Abuse Prevention Study, a pilot cluster randomised controlled trial in rural Tanzania (Co-PI); and 4) Optimising Parenting Interventions, a pilot to optimise parenting programmes based on effectiveness, cost efficiency, and scalability (Co-I).

I have recently completed a DPhil in Social Intervention at the University of Oxford's Department of Social Policy and Intervention. As a Clarendon Scholar, my doctoral research examined the development and pilot feasibility randomised controlled trial of the PLH prototype programme for families with children ages 2 to 9 in South Africa. I also hold degrees from the University of Oxford (MSc with distinction), Yale University (BA with distinction), and the Dell'Arte International School for Physical Theatre.

As director and founder of Clowns Without Borders South Africa (<a href="www.cwbsa.org">www.cwbsa.org</a>), I have developed, implemented, and provided technical support and advice on social interventions that have reached over 400,000 beneficiaries in partnership with international nongovernmental organisation, national governments, and local community organisations in the Democratic Republic of Congo, Egypt, Ethiopia, Haiti, Kenya, Lebanon, Lesotho, South Africa, South Sudan, Swaziland, Tanzania, Uganda, and Zimbabwe.

I am also a storyteller, banjo-player, singer-songwriter, clown, director, and facilitator.

#### **B.** Positions and Honours

# **Positions** 2017 – Pres. Co-Principal Investigator, Parenting for Lifelong Health - Thailand, Bangkok, Thailand (Funder: UNICEF Thailand) Junior Research Fellow, Wolfson College, University of Oxford, United Kingdom 2016 – Pres. Research Associate, Department of Social Policy and Intervention, University of Oxford, 2015 – Pres. United Kingdom 2015 – Pres. Co-Principal Investigator, Parenting for Lifelong Health – Philippines, Manila, Philippines (Funders: UBS Optimus Foundation, Project ID 7905, 288,780CHF; UNICEF, SSFA 2016-005 and SSFA 2017-003, 100,000USD) Co-Investigator, Optimising Parenting Interventions through Methodological and 2015 – Pres. Programmatic Innovation to Reduce the Risk of Child Maltreatment and Improve Child Wellbeing in Low- and Middle-Income Countries, Oxford, United Kingdone (Funder: Fell Fund, Project ID 143/054, 50,000GBP) Co-Investigator, Malezi ne Kilimo Bora – Skilful Parenting and Agribusiness Child Abuse 2015 – Pres. Prevention Study, Mwanza, Tanzania (Funder: UBS Optimus Foundation, Project ID 7849.01, 435,243CHF) 2014 - Pres. Steering Committee Member, Parenting for Lifelong Health Executive Director and Founder, Clowns Without Borders South Africa, Durban, South 2004 – Pres. Africa Consultant for external review of Teens and Parents Learning to Communicate (TALC) South 2015 - 2016Africa curriculum, Tulane International, L.L.C, New Orleans, Louisiana, USA Chairperson of the International Association of Theatre for Children and Young People 2014 - 2016(ASSITEJ) South Africa, Cape Town, South Africa Co-Investigator, Sinovuyo Caring Families Project, Cape Town, South Africa, (Funders: Ilifa 2012 - 2016Labantatwana, T141/79; Fell Fund, 103/757) Guest Lecturer, Seminar on Intersection of Theatre and Public Health, Yale School of Public 2010 Health and Epidemiology, Yale University, New Haven, CT, USA 2009 - 2010International Coordinator, Clowns Without Borders International, Barcelona, Spain 2009 - 2010Guest Lecturer, Drama for Life Programme, University of Witswatersrand, Johannesburg, South Africa 2009 - 2010Course Lecturer, Public Health and Drama in an HIV/AIDS Context, Yale Summer Sessions, Yale University, New Haven, CT, USA Honours 2015 Winner of the Barnett Prize for Best Paper, Department of Social Policy and Intervention, University of Oxford United Kingdom

	University of Oxford, United Kingdom
2014	Bursary scholar at the Conference on Global WHO and University of Cambridge Global Violence Reduction Conference, Cambridge, United Kingdom
2014	Donald J. Cohen Fellowship recipient at the International Association for Child and Adolescent Psychiatry and Allied Professions (IACAPAP), Durban, South Africa
2011	Clarendon Fund Scholarship recipient, Oxford, United Kingdom
2011	Distinction, MSc in Evidence Based Social Intervention, University of Oxford, Oxford, United Kingdom
2010	Traphagen Distinguished Alumni Speaker Series, Yale University, New Haven, CT, USA
1998	Distinction in Major, American Studies, Yale University, New Haven, CT, USA
1998	Nominated for Senior Thesis Award in American Studies, Yale University, New Haven, CT, USA

### C. Selected Publications and Presentations

## Journal publications

- 1. **Lachman, J. M.**, Sherr, L., Cluver, L., Ward, C. L., Hutchings, J., & Gardner, F. (2016). Integrating evidence and context to develop a parenting program for low-income families in South Africa. *Journal of Child and Family Studies*. 25(7), 2337-2352. doi: 10.1007/s10826-016-0389-6
- 2. **Lachman, J. M.**, Cluver, L., Kelly, J., Ward, C. L., Hutchings, J., Gardner, F. (2016). Process evaluation of a parenting program for low-income families in South Africa. *Research on Social Work Practice*. doi: 10.1177/1049731516645665
- 3. Mejia, A., Leijten, P., **Lachman, J. M.**, & Parra-Cardona, J. R. (2016). Different strokes for different folks? Contrasting approaches to cultural adaptation of parenting interventions. *Prevention Science*. 1-10. doi: 10.1007/s11121-016-0671-2
- 4. **Lachman, J. M.**, Cluver, L., Ward, C. L., Hutchings, J., Gardner, F., Wessels, I., & Mlotshwa, S. (in revision). Randomized controlled trial of a parenting program to reduce the risk of child maltreatment in South Africa. *Child Abuse & Neglect*.
- 5. Cluver, L., **Lachman, J. M.,** Ward, C., Gardner, F., Petersen, T., Meinck, F., Hutchings, J., Mikton, C., Tsoanyane, S., Doubt, J., Boyes, M., Redfern, A. A. (2016). Developing a parenting programme to prevent child abuse in South Africa: A pre-post pilot study. *Research on Social Work Practice*.
- 6. Cluver, L., Meinck, F., Shrenderovich, Y, Ward, C., Romero, R., Redfern, A., Lombard, C., Doubt, J., Steinert, J., Catanho, R., Wittesaele, C., De Stone, S., Salah, N., Mpimpilashe, P., **Lachman, J. M.,** Loening, H., Gardner, F., Blanc, D., Nocuza, M., Lechowicz, M. (2016). A parenting programme to prevent abuse of adolescents in South Africa: Study protocol of a randomised controlled trial. *Trials*. *17*(1), 328. doi: 10.1186/s13063-016-1452-8.
- 7. Cluver, L., Meinck, F., Yakubovich, A., Doubt, J., Redfern, A., Ward, C. L., Salah, N., De Stone, S., Petersen, T., Mpimpilash, P., Romero, R. H., Ncobo, L., **Lachman, J. M.,** Tsoanyane, S., Shrenderovich, Y., Loening, H., Byrne, J., Sherr, L., Kaplan, L. & Gardner, F. (2016). Reducing child abuse amongst adolescents in low- and middle-income countries: A pre-post trial in South Africa. *BMC Public Health*. *16*(1) 567.
- 8. Skeen, S., Tomlinson, M., Ward, C. L., Cluver, L., & Lachman, J. M. (2015). Early intervention: A foundation of lifelong violence prevention. *South African Crime Quarterly*, *51*, 5-8. doi: 10.4314/sacq.v51i1.1
- 9. Casale, M., Cluver, L., Crankshaw, T., Kuo, C., **Lachman, J. M.,** & Wild, L. G. (2015). Direct and Indirect Effects of Caregiver Social Support on Adolescent Psychological Outcomes in Two South African AIDS-Affected Communities. *American Journal of Community Psychology*, *55*(3-4), 336-346.
- 10. Ward, C. L., Mikton, C., Cluver, L., Cooper, P., Gardner, F., Hutchings, J., Lachman, J. M., Murray, L., Tomlinson, M., Wessels, I.M. (2014). Parenting for Lifelong Health: From South Africa to other low-and middle-income countries. *Early Childhood Matters: Responsive parenting: a strategy to prevent violence* (Vol. 49). The Hague, Netherlands: Bernard van Leer Foundation.
- 11. **Lachman, J. M.,** Cluver, L., Boyes, M., Kuo, C., Casale, M. (2014). Positive parenting for positive parents: HIV/AIDS, poverty, caregiver depression, child behavior, and parenting in South Africa. *AIDS Care: Psychological and Socio-medical Aspects of AIDS/HIV, 26*(3), 304-313. doi: 10.1080/09540121.2013.825368
- 12. **McClaren, J.** (2010). Storytelling, drama and play in psychosocial interventions for communities affected by HIV/AIDS in Southern Africa-developing pathways to locally sustainable care: report. *SATJ: South African Theatre Journal: Movement and Physical Theatre in South Africa: Special Edition*, 24, 67-82.

# **Published conference abstracts**

1. **Lachman, J. M.**, Cluver, L., Ward, C. L., Hutchings, J., Gardner, F., Wessels, I. M., & Mlotshwa, S. (2014, August). Development of a parenting programme to reduce the risk of child maltreatment in low-income families in South Africa: Results from a pilot randomized controlled trial. *Journal of Child and Adolescent Mental Health*, 26(2), 32.

## **Conference presentations**

1. **Lachman, J. M.,** Wamoyi, J., Maganga, J., Spreckelsen, T., Wight, D. Gardner, F. (June, 2017). *Combining agribusiness and skillful parenting to reduce the risk of violence against children in rural* 

- *Tanzania: A small-scale cluster randomized controlled trial.* Paper presented at the Society for Prevention Research 2017 Annual Meeting, Washington D.C., United States.
- 2. Lachman, J. M., Mukadah, N., Doubt, J., Loening-Vorsey, H., Meinck, F., Cluver, L., Ward, C., Tomlinson, M., Hutchings, J., Mikton, C., Gardner, F. (June, 2017). Putting the horse before the cart? Negotiating tensions between the need for evidence and the demand for dissemination of parenting programs to reduce violence against children in low- and middle-income countries. Paper presented at the Society for Prevention Research 2017 Annual Meeting, Washington D.C., United States.
- 3. Lachman, J. M., Doubt, J., Loening-Vorsey, H., Meinck, F., Cluver, L., Ward, C., Tomlinson, M., Hutchings, J., Mikton, C., Cooper, P., Murray, L., Gardner, F. (August, 2016). *Putting the horse before the cart? Negotiating tensions between the need for evidence and the demand for dissemination of parenting programs to reduce violence against children in low- and middle-income countries.* Paper presented at the ISPCAN International Congress for the Prevention of Child Abuse and Neglect, Calgary, Canada.
- 4. Ward, C., **Lachman, J. M.,** Wessels, I., Cluver, L., Gardner, F., Hutchings, J., Kassanjee, R., Little, F. (August, 2016). *Preventing child maltreatment and child conduct problems in LMIC: A randomised controlled trial of parenting for lifelong health (PLH) for parents of children aged 2-9.* Paper presented at the ISPCAN International Congress for the Prevention of Child Abuse and Neglect, Calgary, Canada.
- Meinck, F., Cluver, L., Yakubovich, A., Doubt, J., Redfern, A., Ward, C., Salah, N., De Stone, S., Herrero, R., Shenderovich, Y., Lachman, J. M. (August, 2016). Developing a low-cost child abuse prevention intervention for caregivers and teenagers in South Africa: A cluster randomized controlled trial of Parenting for Lifelong Health (PLH). Paper presented at the ISPCAN International Congress for the Prevention of Child Abuse and Neglect, Calgary, Canada.
- 6. **Lachman, J. M.,** Wamoyi, J., Nnko, S., Maganga, J., Aniseth, M., Wight, D., Gardner, F. (May, 2016). *Is parenting enough? Combining economic strengthening and skillful parenting to reduce violence against children in impoverished communities in rural Tanzania: A pilot cluster randomized controlled trial. Paper presented at the Society for Prevention Research 2016 Annual Meeting, San Francisco, United States.*
- 7. Ward, C. L., **Lachman, J. M.,** Cluver, L., Gardner, F., Hutchings, J., Wessels, I. M., & Kassanjee, R. (September, 2015). *Preventing child maltreatment and child conduct problems in South Africa: A randomised controlled trial of the Sinovuyo Caring Families Programme*. Paper presented at the Sexual Violence Research Initiative Forum 2015, Stellenbosch, South Africa.
- 8. Lachman, J. M. Cluver, L., Ward, C. L., Wessels, I. M., Hutchings, J., Gardner, F. (2015, May). Building a Rondavel of Support: Using a systematic approach to culturally adapting evidence-based principles in order to develop a parenting program for disadvantaged families in South Africa. Paper presented at the Society for Prevention Research 2015 Annual Meeting, Washington D.C., United States.
- 9. Lachman, J. M. Cluver, L., Ward, C. L., Gardner, F., Hutchings, J., Wessels, I. M. (2015, February). Sinovuyo Caring Families Project: Development of a parenting programme to reduce the risk of child maltreatment in South Africa. Paper presented at The First Annual Ugandan Child and Adolescent Mental Health Conference, Kampala, Uganda.
- 10. **Lachman, J. M.**, Cluver, L., Ward, C. L., Mikton, C., Gardner, F., Hutchings, J. (2014, September). Parenting for Lifelong Health Ages 2-9: Development and evaluation of a parenting programme to reduce the risk of child maltreatment n Cape Town, South Africa. Poster presented at WHO and University of Cambridge Global Violence Reduction Conference, Cambridge, United Kingdom.
- 11. **Lachman, J. M.** (2014, September). *Fidelity and fit*. Research symposium presented at Mindfulness Matters: Science and Application in an Emerging Society, Stellenbosch, South Africa.
- 12. **Lachman, J. M.** & Kretzmer, J. (2014, September). *Qaphela! Applying mindfulness in South African communities affected by HIV/AIDS, poverty, and violence*. Paper presented at Mindfulness Matters: Science and Application in an Emerging Society, Stellenbosch, South Africa.
- 13. Lachman, J. M., Cluver, L., Ward, C. L., Hutchings, J., Gardner, F., Wessels, I. M., & Mlotshwa, S. (2014, August). Development of a parenting programme to reduce the risk of child maltreatment in low-income families in South Africa: Results from a pilot randomised controlled trial. Paper presented at the 21<sup>st</sup> World Congress of the International Association for Child and Adolescent Psychiatry and Allied Professions, Durban, South Africa.
- 14. Lachman, J. M., Kelly, J., Ward, C. L., Cluver, L., Hutchings, J., Gardner, F. (2014, May). Reducing Child Maltreatment in South Africa: Feasibility of a Locally Developed Parenting Program for At-Risk Low-Income Families. Paper presented at the Society for Prevention Research 2014 Annual Meeting, Washington D.C., United States.

- 15. **Lachman, J. M.,** Hutchings, J., Cluver, L., Ward, C. L., Gardner, F. (2014, April). *The Sinovuyo Caring Families Programme for Parents of Children Aged 3 to 8 Years*. Paper presented at the Centre for Evidence Based Early Intervention 2014 Annual Conference, Bangor, Wales.
- 16. **Lachman, J. M.,** Cluver, L., Ward, C. L., Hutchings, J., & Gardner, F. (2013, November). Feasibility pilot study of a locally developed parenting programme to reduce the risk of child maltreatment for families affected by HIV/AIDS and intimate partner violence in Cape Town, South Africa the Sinovuyo Caring Families Project. Paper presented at the 2<sup>nd</sup> Colloquium of the University of Cape Town Safety and Violence Initiative, Cape Town, South Africa.
- 17. Lachman, J. M. (2012). HIV/AIDS Impact on Parenting Behavior in South Africa: The Mediating Role of Poverty, Caregiver Depression, and Social Support. International Congress of Psychology, Aug 2012: Cape Town, South Africa.
- 18. Lachman, J. M. (2011). Engaging Community Health Workers in the Provision of Psychosocial Support for AIDS-Affected Families in Southern Africa an Effectiveness Study. Human Welfare Conference IV, May 2010: Green Templeton College, University of Oxford, Oxford, UK.
- 19. **Lachman, J. M.** (2010). *Empowering Communities to Provide Psychosocial Support to AIDS-Affected Children in Southern Africa*. Student HIV/AIDS Research Day, November 2010: University of Oxford, Oxford, UK.
- 20. Lachman, J. M. (2009). Pathways to Empathic Psychosocial Care for Families Affected by HIV/AIDS, Poverty, and Violence in Southern Africa Developing Local Capacity for Sustainable Intervention Practices on the Community Level. UNITE for Sight Global Health Conference, April, 2009: Yale University, New Haven, CT, USA
- 21. **Lachman, J. M.** (2008) Innovation in Psychosocial Interventions for Children Affected by HIV/AIDS. 2<sup>nd</sup> Priorities in Child Health Conference. December, 2009: University of Witswatersrand Medical School, Johannesburg, South Africa

### D. References

- 1. **Gardner, Frances.** Professor of Child and Family Psychology, Department of Social Policy and Intervention, +44 1 865 280 370, <a href="mailto:frances.gardner@spi.ox.ac.uk">frances.gardner@spi.ox.ac.uk</a>.
- 2. **Cluver, Lucie.** Professor of Child and Family Social Work, Department of Social Policy and Intervention. University of Oxford. +44 1 865 280 370. <a href="mailto:lucie.cluver@spi.ox.ac.uk">lucie.cluver@spi.ox.ac.uk</a>.
- 3. **Ward, Catherine.** Associate Professor. Department of Psychology. University of Cape Town. +27 21 650 3422. Catherine. Ward@uct.ac.za.
- 4. **Hutchings, Judy,** Professor of Clinical Psychology. Director, Centre for Evidence Based Early Intervention. School of Psychology. College of Health and Behavioural Sciences. Bangor University. +44 1 248 383 758. J.hutchings@bangor.ac.uk.