

## DR JAMIE M. LACHMAN, D.PHIL

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United Kingdom: Wolfson College, Linton Road, Oxford OX2 6UD, +44 (0) 7840 825 982, [jamie.lachman@spi.ox.ac.uk](mailto:jamie.lachman@spi.ox.ac.uk)

South Africa: 11 Jacobs Ladder, Saint James, Cape Town 7945, +27 (0) 82 424 5691, [jamie.lachman@gmail.com](mailto:jamie.lachman@gmail.com)

### PERSONAL STATEMENT

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I have over 16 years' experience developing, implementing, and evaluating social interventions for vulnerable children and their caregivers in low- and middle-income countries.

My research is focused on building the evidence of effectiveness for programmes that improve child and family wellbeing and mental health outcomes in low- and middle-income countries.

I am a research officer at the Centre for Evidence-Based Intervention at the Department of Social Policy and Intervention at the University of Oxford and a research fellow at the University of Glasgow's MRC/CSO Social and Public Health Sciences Unit Complexity in Health Programme.

I am currently a co-principal investigator on research projects in Macedonia, Moldova, the Philippines, Romania, South Africa, Tanzania, and Thailand.

I am also a co-founder and steering committee member of the World Health Organisation and UNICEF-led initiative called [Parenting for Lifelong Health](#) (PLH). This initiative is focused on developing, testing and disseminating parenting programmes in low- and middle-income countries.

I hold a DPhil in Social Intervention at the University of Oxford's Department of Social Policy and Intervention. I also hold degrees from the University of Oxford (MSc with distinction), Yale University (BA with distinction), and the Dell'Arte International School for Physical Theatre.

As director and founder of Clowns Without Borders South Africa ([www.cwbsa.org](http://www.cwbsa.org)), I have developed, implemented, and provided technical advice child and family interventions that have reached over 1 million beneficiaries in over 20 countries.

I am also a storyteller, banjo-player, singer-songwriter, clown, director, and facilitator.

### ACADEMIC POSTS AND EDUCATION

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2017 - Pres **University of Glasgow: Research Fellow**

Complexity in Health Improvement Programme, MRC/CSO Social and Public Health Sciences Unit

2015 - Pres **Oxford University: Research Officer**

Centre for Evidence Based Intervention, Department of Social Policy & Intervention

2015 - Pres **Oxford University: Junior Research Fellow**, Wolfson College

2011 - 16 **D.Phil (*Clarendon Scholar*) Social Intervention**, University of Oxford

*Dissertation:* Building a rondavel of support: The development and pilot randomised controlled trial of a parenting programme to reduce the risk of child maltreatment in low-income families with children aged three to eight years in South Africa

2010 - 11 **MSc (*Distinction*) Evidence-Based Social Intervention**, University of Oxford

*Dissertation:* Risk and protective factors associated with parental praise and parental supervision in high HIV-prevalent rural and urban communities in South Africa

1993 - 98 **BA (*Distinction*) American Studies**, Yale University

### OTHER RELEVANT EXPERIENCE

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2004 – Pres Executive Director and Founder, Clowns Without Borders South Africa, Cape Town, South Africa ([www.cwbsa.org](http://www.cwbsa.org))

2014 – 2016 Chairperson of the International Association of Theatre for Children and Young People (ASSITEJ) South Africa, Cape Town, South Africa

## RESEARCH GRANTS

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- 2018 - 2021 **Horizon2020**. Prevention of child mental health problems in Southeastern Europe - Adapt, Optimize, Test, and Extend Parenting for Lifelong Health. E2,976,092.25. PI with Heinrichs, Foran, Ward, Fang, Hutchings, Gardner, Baban, Lesco, Raleva
- 2017 - Pres **UNICEF-Thailand**. Parenting for Lifelong Health-Thailand. £188,959. Co-PI with Gardner, Cheah, McCoy, Tapanya
- 2015 - Pres **UBS Optimus Foundation**. Parenting for Lifelong Health-Philippines. CHF 288,780. Project ID 7905. Co-PI with Alampay, Alinea, Gardner, Hutchings, Madrid, Ward
- 2016 - Pres **Fell Fund**. Optimising Parenting Interventions through Methodological and Programmatic Innovation to Reduce the Risk of Child Maltreatment and Improve Child Wellbeing in Low- and Middle-Income Countries. £50,000. Project ID 143/054. Co-I, with Gardner
- 2015 - 16 **UBS Optimus Foundation**. Building evidence for prevention of child maltreatment in Tanzania: A small-scale cluster randomised trial. CHF 299,820. Project ID 7849.01. Co-PI, with Gardner, Wamoyi, and Wight
- 2012 - 16 **Ilifa Labantwana**. Reducing Abuse of Children in in South Africa: A randomised controlled trial. R2,494,623. Co-I with Ward, Cluver, Gardner, Hutchings
- 2012 - 14 **Fell Fund**. Development of an AIDS-related Child Abuse Prevention Programme. £98,826. Project ID 103/757. Co-I with Cluver

## RESEARCH AND POLICY ADVISORY WORK

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- 2014 - Pres Parenting for Lifelong Health, Co-founder and Steering Committee Member, [http://www.who.int/violence\\_injury\\_prevention/violence/child/plh/en/](http://www.who.int/violence_injury_prevention/violence/child/plh/en/)
- 2017 - Pres UNICEF Malaysia, Project Lead on Maestral International consultancy to support the Malaysian government National Population and Family Development Board (LPPKN) on the review and strengthening of parenting modules as regards to the prevention and response to violence against children
- 2016 World Health Organization, Advisor for technical meeting for implementing INSPIRE: Seven Strategies for Ending Violence Against Children
- 2016 UNICEF Egypt, consultant on taking family strengthening and positive parenting initiatives to scale in Egypt
- 2015 Tulane International, consultant for external review of Teens and Parents Learning to Communicate (TALC) South Africa curriculum
- 2014 World Health Organization, advisor for technical working group on parent skills training for developmental disorders

## SELECTED AWARDS, HONOURS, AND FELLOWSHIPS

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- 2015 Winner of the Barnett Prize for Best Paper, Department of Social Policy and Intervention, University of Oxford
- 2014 Bursary scholar at the Conference on Global WHO and University of Cambridge Global Violence Reduction Conference, Cambridge, United Kingdom
- 2014 Donald J. Cohen Fellowship recipient at the International Association for Child and Adolescent Psychiatry and Allied Professions (IACAPAP), Durban, South Africa
- 2011 Clarendon Fund Scholarship recipient, Oxford, United Kingdom
- 2011 Distinction, MSc in Evidence Based Social Intervention, University of Oxford
- 2010 Traphagen Distinguished Alumni Speaker Series, Yale University
- 1998 Distinction in Major, American Studies, Yale University
- 1998 Nominated for Senior Thesis Award in American Studies, Yale University

## SELECTED PUBLICATIONS

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**Lachman, J. M.**, Wamoyi, J., Maganga, J., Wight, D., and Gardner, F. (in preparation). Combining parenting support and agribusiness to reduce violence against children in rural Tanzania: A small-scale cluster randomised controlled trial.

Alampay, L. P., **Lachman, J. M.**, Landoy, B. V., Madrid, B. J., Ward, C. L., Hutchings, J., Alinea, C. D., & Gardner, F. (2018). Preventing child maltreatment in low and middle-income countries: Parenting for Lifelong Health in the Philippines. *In Sustainable Development Goals: Using Developmental Science to Improve Young Lives Globally*. In print.

Cluver, L., Meinck, F., Steinert, J. I., Shrenderovich, Y., Doubt, J., **Lachman, J. M.**, ... Nocuza, M. (2018). Parenting for Lifelong Health: A pragmatic cluster randomised controlled trial of a non-commercialised parenting programme for adolescents and their families in South Africa. *BMJ Global Health*. In print.

Parra-Cardona, J. R., Leijten, P., Baumann, A., Meijia, A., **Lachman, J. M.**, ... Domenech-Rodriguez, M. M. (in review). Strengthening a culture of prevention in low- and middle-income countries: Balancing scientific expectations and contextual realities.

**Lachman, J. M.**, Cluver, L., Ward, C. L., Hutchings, J., Wessels, I., Mlotshwa, S., & Gardner, F. (2017). Randomized controlled trial of a parenting program to reduce the risk of child maltreatment in South Africa. *Child Abuse & Neglect*. 72, 338-351.

**Lachman, J. M.**, Sherr, L., Cluver, L., Ward, C. L., Hutchings, J., & Gardner, F. (2016). Integrating evidence and context to develop a parenting program for low-income families in South Africa. *Journal of Child and Family Studies*. 25(7), 2337-2352. doi: 10.1007/s10826-016-0389-6

**Lachman, J. M.**, Cluver, L., Kelly, J., Ward, C. L., Hutchings, J., Gardner, F. (2016). Process evaluation of a parenting program for low-income families in South Africa. *Research on Social Work Practice*. doi: 10.1177/1049731516645665

Mejia, A., Leijten, P., **Lachman, J. M.**, & Parra-Cardona, J. R. (2016). Different strokes for different folks? Contrasting approaches to cultural adaptation of parenting interventions. *Prevention Science*. 1-10. doi: 10.1007/s11121-016-0671-2

Cluver, L., **Lachman, J. M.**, Ward, C., Gardner, F., Petersen, T., Meinck, F., Hutchings, J., Mikton, C., Tsoanyane, S., Doubt, J., Boyes, M., Redfern, A. A. (2016). Developing a parenting programme to prevent child abuse in South Africa: A pre-post pilot study. *Research on Social Work Practice*. doi: 10.1177/1049731516628647

Cluver, L., Meinck, F., Shrenderovich, Y., Ward, C., Romero, R., Redfern, A., Lombard, C., Doubt, J., Steinert, J., Catanho, R., Wittesaele, C., De Stone, S., Salah, N., Mpimpilashe, P., **Lachman, J. M.**, Loening, H., Gardner, F., Blanc, D., Nocuza, M., Lechowicz, M. (2016). A parenting programme to prevent abuse of adolescents in South Africa: Study protocol of a randomised controlled trial. *Trials*. 17(1), 328. doi: 10.1186/s13063-016-1452-8.

Cluver, L., Meinck, F., Yakubovich, A., Doubt, J., Redfern, A., Ward, C. L., Salah, N., De Stone, S., Petersen, T., Mpimpilash, P., Romero, R. H., Ncobo, L., **Lachman, J. M.**, Tsoanyane, S., Shrenderovich, Y., Loening, H., Byrne, J., Sherr, L., Kaplan, L. & Gardner, F. (2016). Reducing child abuse amongst adolescents in low- and middle-income countries: A pre-post trial in South Africa. *BMC Public Health*. 16(1) 567.

Skeen, S., Tomlinson, M., Ward, C. L., Cluver, L., & **Lachman, J. M.** (2015). Early intervention: A foundation of lifelong violence prevention. *South African Crime Quarterly*, 51, 5-8. doi: 10.4314/sacq.v51i1.1

Casale, M., Cluver, L., Crankshaw, T., Kuo, C., **Lachman, J. M.**, & Wild, L. G. (2015). Direct and Indirect Effects of Caregiver Social Support on Adolescent Psychological Outcomes in Two South African AIDS-Affected Communities. *American Journal of Community Psychology*, 55(3-4), 336-346.

Ward, C. L., Mikton, C., Cluver, L., Cooper, P., Gardner, F., Hutchings, J., **Lachman, J. M.**, Murray, L., Tomlinson, M., Wessels, I.M. (2014). Parenting for Lifelong Health: From South Africa to other low-and middle-income countries. *Early Childhood Matters: Responsive parenting: a strategy to prevent violence* (Vol. 49). The Hague, Netherlands: Bernard van Leer Foundation.

**Lachman, J. M.**, Cluver, L., Boyes, M., Kuo, C., Casale, M. (2014). Positive parenting for positive parents: HIV/AIDS, poverty, caregiver depression, child behavior, and parenting in South Africa. *AIDS Care: Psychological and Socio-medical Aspects of AIDS/HIV*, 26(3), 304-313. doi: 10.1080/09540121.2013.825368

**McClaren, J.** (2010). Storytelling, drama and play in psychosocial interventions for communities affected by HIV/AIDS in Southern Africa-developing pathways to locally sustainable care: report. *SATJ: South African Theatre Journal: Movement and Physical Theatre in South Africa: Special Edition*, 24, 67-82.

## **PUBLISHED CONFERENCE ABSTRACTS**

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**Lachman, J. M.**, Cluver, L., Ward, C. L., Hutchings, J., Gardner, F., Wessels, I. M., & Mlotshwa, S. (2014, August). Development of a parenting programme to reduce the risk of child maltreatment in low-income families in South Africa: Results from a pilot randomized controlled trial. *Journal of Child and Adolescent Mental Health*, 26(2), 32.

## **CONFERENCE PRESENTATIONS**

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**Lachman, J. M.**, Heinrichs, N., Foran, H., Baban, A., Fang, X., Gardner, F., Hutchings, J., Lesco, G., Raleva, M., Ward, C. L. (June, 2018). *The Multiphase Optimization Strategy (MOST) As an Innovative and Efficient Framework to Optimize Parenting Interventions for Scalability in Low- and Middle-Income Countries*. Paper presented at the Society for Prevention Research 2018 Annual Meeting, Washington D.C., United States. Abstract of distinction.

**Lachman, J. M.**, Alampay, L. P., Landoy, B. V. N., Garilao, M. A. V. F., Madrid, B., Ward, C. L., Hutchings, J., Gardner, F. *Integrating parent management training within a conditional cash transfer system for low-income Filipino families with children ages 2 to 6: Results from a small-scale randomized controlled trial in Metro Manila*. Paper presented at the Society for Prevention Research 2018 Annual Meeting, Washington D.C., United States.

Parra-Cardona, J. R., **Lachman, J. M.**, Baumann, A., Mejia, A., Lopez, G., Domenech-Rodriguez, M., *Parenting programs for underserved populations: Issues of science, social justice, and adversity*. Paper presented at the Society for Prevention Research 2018 Annual Meeting, Washington D.C., United States. Abstract of distinction.

**Lachman, J. M.**, Wamoyi, J., Maganga, J., Spreckelsen, T., Wight, D. Gardner, F. (June, 2017). *Combining agribusiness and skillful parenting to reduce the risk of violence against children in rural Tanzania: A small-scale cluster randomized controlled trial*. Paper presented at the Society for Prevention Research 2017 Annual Meeting, Washington D.C., United States.

**Lachman, J. M.**, Mukadah, N., Doubt, J., Loening-Vorse, H., Meinck, F., Cluver, L., Ward, C., Tomlinson, M., Hutchings, J., Mikton, C., Gardner, F. (June, 2017). *Putting the horse before the cart? Negotiating tensions between the need for evidence and the demand for dissemination of parenting programs to reduce violence against children in low- and middle-income countries*. Paper presented at the Society for Prevention Research 2017 Annual Meeting, Washington D.C., United States.

**Lachman, J. M.**, Doubt, J., Loening-Vorse, H., Meinck, F., Cluver, L., Ward, C., Tomlinson, M., Hutchings, J., Mikton, C., Cooper, P., Murray, L., Gardner, F. (August, 2016). *Putting the horse before the cart? Negotiating tensions between the need for evidence and the demand for dissemination of parenting programs to reduce violence against children in low- and middle-income countries*. Paper presented at the ISPCAN International Congress for the Prevention of Child Abuse and Neglect, Calgary, Canada.

Ward, C., **Lachman, J. M.**, Wessels, I., Cluver, L., Gardner, F., Hutchings, J., Kassanje, R., Little, F. (August, 2016). *Preventing child maltreatment and child conduct problems in LMIC: A randomised controlled trial of parenting for lifelong health (PLH) for parents of children aged 2-9*.

Paper presented at the ISPCAN International Congress for the Prevention of Child Abuse and Neglect, Calgary, Canada.

Meinck, F., Cluver, L., Yakubovich, A., Doubt, J., Redfern, A., Ward, C., Salah, N., De Stone, S., Herrero, R., Shenderovich, Y., **Lachman, J. M.** (August, 2016). *Developing a low-cost child abuse prevention intervention for caregivers and teenagers in South Africa: A cluster randomized controlled trial of Parenting for Lifelong Health (PLH)*. Paper presented at the ISPCAN International Congress for the Prevention of Child Abuse and Neglect, Calgary, Canada.

**Lachman, J. M.**, Wamoyi, J., Nnko, S., Maganga, J., Aniseth, M., Wight, D., Gardner, F. (May, 2016). *Is parenting enough? Combining economic strengthening and skillful parenting to reduce violence against children in impoverished communities in rural Tanzania: A pilot cluster randomized controlled trial*. Paper presented at the Society for Prevention Research 2016 Annual Meeting, San Francisco, United States.

Ward, C. L., **Lachman, J. M.**, Cluver, L., Gardner, F., Hutchings, J., Wessels, I. M., & Kassanje, R. (September, 2015). *Preventing child maltreatment and child conduct problems in South Africa: A randomised controlled trial of the Sinovuyo Caring Families Programme*. Paper presented at the Sexual Violence Research Initiative Forum 2015, Stellenbosch, South Africa.

**Lachman, J. M.** Cluver, L., Ward, C. L., Wessels, I. M., Hutchings, J., Gardner, F. (2015, May). *Building a Rondavel of Support: Using a systematic approach to culturally adapting evidence-based principles in order to develop a parenting program for disadvantaged families in South Africa*. Paper presented at the Society for Prevention Research 2015 Annual Meeting, Washington D.C., United States.

**Lachman, J. M.** Cluver, L., Ward, C. L., Gardner, F., Hutchings, J., Wessels, I. M. (2015, February). *Sinovuyo Caring Families Project: Development of a parenting programme to reduce the risk of child maltreatment in South Africa*. Paper presented at The First Annual Ugandan Child and Adolescent Mental Health Conference, Kampala, Uganda.

**Lachman, J. M.**, Cluver, L., Ward, C. L., Mikton, C., Gardner, F., Hutchings, J. (2014, September). *Parenting for Lifelong Health Ages 2-9: Development and evaluation of a parenting programme to reduce the risk of child maltreatment in Cape Town, South Africa*. Poster presented at WHO and University of Cambridge Global Violence Reduction Conference, Cambridge, United Kingdom.

**Lachman, J. M.** (2014, September). *Fidelity and fit*. Research symposium presented at Mindfulness Matters: Science and Application in an Emerging Society, Stellenbosch, South Africa.

**Lachman, J. M.** & Kretzmer, J. (2014, September). *Qaphela! Applying mindfulness in South African communities affected by HIV/AIDS, poverty, and violence*. Paper presented at Mindfulness Matters: Science and Application in an Emerging Society, Stellenbosch, South Africa.

**Lachman, J. M.**, Cluver, L., Ward, C. L., Hutchings, J., Gardner, F., Wessels, I. M., & Mlotshwa, S. (2014, August). *Development of a parenting programme to reduce the risk of child maltreatment in low-income families in South Africa: Results from a pilot randomised controlled trial*. Paper presented at the 21<sup>st</sup> World Congress of the International Association for Child and Adolescent Psychiatry and Allied Professions, Durban, South Africa.

**Lachman, J. M.**, Kelly, J., Ward, C. L., Cluver, L., Hutchings, J., Gardner, F. (2014, May). *Reducing Child Maltreatment in South Africa: Feasibility of a Locally Developed Parenting Program for At-Risk Low-Income Families*. Paper presented at the Society for Prevention Research 2014 Annual Meeting, Washington D.C., United States.

**Lachman, J. M.**, Hutchings, J., Cluver, L., Ward, C. L., Gardner, F. (2014, April). *The Sinovuyo Caring Families Programme for Parents of Children Aged 3 to 8 Years*. Paper presented at the Centre for Evidence Based Early Intervention 2014 Annual Conference, Bangor, Wales.

**Lachman, J. M.**, Cluver, L., Ward, C. L., Hutchings, J., & Gardner, F. (2013, November). *Feasibility pilot study of a locally developed parenting programme to reduce the risk of child maltreatment for families affected by HIV/AIDS and intimate partner violence in Cape Town, South Africa – the Sinovuyo Caring Families Project*. Paper presented at the 2<sup>nd</sup> Colloquium of the University of Cape Town Safety and Violence Initiative, Cape Town, South

Africa.

**Lachman, J. M.** (2012). *HIV/AIDS Impact on Parenting Behavior in South Africa: The Mediating Role of Poverty, Caregiver Depression, and Social Support*. International Congress of Psychology, Aug 2012: Cape Town, South Africa.

**Lachman, J. M.** (2011). *Engaging Community Health Workers in the Provision of Psychosocial Support for AIDS-Affected Families in Southern Africa – an Effectiveness Study*. Human Welfare Conference IV, May 2010: Green Templeton College, University of Oxford, Oxford, UK.

**Lachman, J. M.** (2010). *Empowering Communities to Provide Psychosocial Support to AIDS-Affected Children in Southern Africa*. Student HIV/AIDS Research Day, November 2010: University of Oxford, Oxford, UK.

**Lachman, J. M.** (2009). *Pathways to Empathic Psychosocial Care for Families Affected by HIV/AIDS, Poverty, and Violence in Southern Africa – Developing Local Capacity for Sustainable Intervention Practices on the Community Level*. UNITE for Sight Global Health Conference, April, 2009: Yale University, New Haven, CT, USA

**Lachman, J. M.** (2008) *Innovation in Psychosocial Interventions for Children Affected by HIV/AIDS*. 2<sup>nd</sup> Priorities in Child Health Conference. December, 2009: University of Witswatersrand Medical School, Johannesburg, South Africa

## INVITED PRESENTATIONS

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**Lachman, J. M.**, Alampay, L. P., Landoy, B. N., Madrid, B., Ward., C., Hutchings, J., and Gardner, F. *Parenting for Lifelong Health (PLH) – Philippines: Cultural adaptation and pilot evaluation of the Masayang Pamilya Para sa Batang Pilipino (MaPa) Program*. Plenary paper presented at the Ako Para Sa Bata International Conference on the Science and Art of Parenting Children Today. December 2017: Manila, Philippines.

**Lachman, J. M.**, Cluver, L., and Ward., C. *Parenting for Lifelong Health Among Adolescents: Reducing violence against children and improving adolescent wellbeing in low- and middle-income countries through evidence-informed parenting programs*. Paper presented at the Ako Para Sa Bata International Conference on the Science and Art of Parenting Children Today. December 2017: Manila, Philippines.

## REFERENCES

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**Gardner, Frances.** Professor of Child and Family Psychology, Department of Social Policy and Intervention, +44 1 865 280 370, [frances.gardner@spi.ox.ac.uk](mailto:frances.gardner@spi.ox.ac.uk).

**Wight, Danny.** Professor of Public Health, MRC/CSO Social and Public Health Sciences Unit, University of Glasgow, +44 1 414 353 7508, [danny.wight@glasgow.ac.uk](mailto:danny.wight@glasgow.ac.uk).

**Cluver, Lucie.** Professor of Child and Family Social Work, Department of Social Policy and Intervention. University of Oxford. +44 1 865 280 370. [lucie.cluver@spi.ox.ac.uk](mailto:lucie.cluver@spi.ox.ac.uk).

**Ward, Catherine.** Associate Professor. Department of Psychology. University of Cape Town. +27 21 650 3422. [Catherine.Ward@uct.ac.za](mailto:Catherine.Ward@uct.ac.za).

**Hutchings, Judy,** Professor of Clinical Psychology. Director, Centre for Evidence Based Early Intervention. School of Psychology. College of Health and Behavioural Sciences. Bangor University. +44 1 248 383 758. [J.hutchings@bangor.ac.uk](mailto:J.hutchings@bangor.ac.uk).